

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Mason County

What is your age?

n = 203

| | | |
|---------|-------|----------|
| 18 - 34 | 25.7% | (± 7.9%) |
| 35 - 54 | 30.6 | (± 7.1) |
| 55 - 74 | 28.6 | (± 6.5) |
| 75+ | 15.1 | (± 5.7) |

Gender

n = 203

| | | |
|--------|-------|----------|
| Male | 39.0% | (± 8.0%) |
| Female | 61.0 | (± 8.0) |

Which one of these groups would you say best represents your race...

n = 200

| | | |
|---|-------|----------|
| White | 89.7% | (± 6.3%) |
| Black or African American | 1.4 | (± 2.1) |
| Asian | 0.0 | (± 0.0) |
| Native Hawaiian or Other Pacific Islander | 0.0 | (± 0.0) |
| American Indian, Alaska Native | 3.5 | (± 3.1) |
| Other race | 5.4 | (± 5.4) |
| No preferred race | 0.0 | (± 0.0) |

Are you Hispanic or Latino/Latina?

n = 203

| | | |
|-----|------|----------|
| Yes | 6.1% | (± 5.1%) |
| No | 93.9 | (± 5.1) |

Marital status

n = 203

| | | |
|------------------------------------|-------|----------|
| Married | 63.2% | (± 7.7%) |
| Divorced | 12.0 | (± 4.0) |
| Widowed | 7.3 | (± 3.5) |
| Separated | 1.5 | (± 1.7) |
| Never been married | 12.5 | (± 6.5) |
| Or a member of an unmarried couple | 3.5 | (± 3.0) |

How many children less than 18 years of age live in your household?

n = 203

| | | |
|-----------|-------|----------|
| None | 69.5% | (± 7.7%) |
| 1 | 11.6 | (± 5.1) |
| 2 | 10.2 | (± 5.0) |
| 3 or more | 8.6 | (± 5.5) |

What is the highest grade or year of school you completed?

n = 203

| | | |
|----------------------------------|-------|----------|
| Some high school or less | 15.2% | (± 6.4%) |
| High school graduate or GED | 27.8 | (± 6.9) |
| Some college or technical school | 33.2 | (± 7.7) |
| College graduate or more | 23.9 | (± 6.5) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|-------------------------------|---------|----------|
| Are you currently. . . | n = 203 | |
| Employed for wages | 40.5% | (± 7.9%) |
| Self-employed | 9.9 | (± 5.6) |
| Out of work | 3.4 | (± 2.2) |
| Homemaker | 9.2 | (± 4.1) |
| Student | 4.6 | (± 3.4) |
| Retired | 26.2 | (± 6.4) |
| Or unable to work | 6.2 | (± 4.9) |

| | | |
|---|---------|----------|
| Annual household income from all sources | n = 176 | |
| Less than \$20,000 | 15.7% | (± 6.5%) |
| \$20,000 to less than \$50,000 | 47.7 | (± 8.3) |
| \$50,000 or more | 36.6 | (± 8.2) |

| | | |
|---|---------|----------|
| Have you smoked at least 100 cigarettes in your entire life? | n = 251 | |
| Yes | 55.7% | (± 7.2%) |
| No | 44.3 | (± 7.2) |

| | | |
|--|---------|----------|
| <i>Among those that have smoked at least 100 cigarettes in their entire life:</i> | | |
| Do you now smoke cigarettes everyday, some days, or not at all? | n = 141 | |
| Everyday | 33.2% | (± 8.8%) |
| Some days | 11.8 | (± 6.9) |
| Not at all | 55.0 | (± 9.3) |

| | | |
|---|--------|-----------|
| <i>Among current smokers:</i> | | |
| During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking? | n = 58 | |
| Yes | 47.3% | (± 14.8%) |
| No | 52.7 | (± 14.8) |

| | | |
|--|---------|----------|
| Current cigarette smoking prevalence: | n = 251 | |
| (every day or some day smokers among the whole population) | 25.1% | (± 6.3%) |

| | | |
|---|---------|-----------|
| <i>Among those that have smoked at least 100 cigarettes:</i> | | |
| Did you smoke any cigarettes during the past 30 days? | n = 111 | |
| Yes | 45.7% | (± 10.3%) |
| No | 54.3 | (± 10.3) |

| | | |
|---|--------|---|
| <i>Among those that have smoked in the past 30 days:</i> | | |
| On how many days of the past 30 days did you smoke cigarettes? | n = 48 | |
| Less than 30 days | * | * |
| 30 days | * | * |

| | | |
|---|--------|---|
| <i>Among those that have smoked in the past 30 days:</i> | | |
| On average, about how many cigarettes per day do you smoke, on the days that you do smoke? | n = 48 | |
| Average: | * | * |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|--|---------|----------|
| Have you ever tried using smokeless tobacco, like chew, dip or snuff? | n = 201 | |
| Yes | 20.1% | (± 6.3%) |
| No | 79.9 | (± 6.3) |

Among those that have ever tried smokeless tobacco:

| | | |
|--|--------|---|
| On how many of the past 30 days did you use smokeless tobacco products? | n = 38 | |
| None | * | * |
| Less than 30 days | * | * |
| 30 days | * | * |

| | | |
|--|---------|----------|
| Current smokeless tobacco prevalence: | n = 201 | |
| (any use in past 30 days among the whole population) | 2.9% | (± 2.6%) |

| | | |
|--|---------|----------|
| Do you currently smoke tobacco in a pipe? | n = 201 | |
| Yes | 0.3% | (± 0.5%) |
| No | 99.7 | (± 0.5) |

| | | |
|--|---------|----------|
| In the past month, have you smoked a cigar, even just a puff? | n = 201 | |
| Yes | 4.7% | (± 3.6%) |
| No | 95.3 | (± 3.6) |

| | | |
|--|---------|----------|
| In the past month, have you smoked bidis? | n = 201 | |
| Yes | 0.0% | (± 0.0%) |
| No | 100.0 | (± 0.0) |

| | | |
|---|---------|----------|
| In the past month, have you smoked clove cigarettes? | n = 201 | |
| Yes | 0.0% | (± 0.0%) |
| No | 100.0 | (± 0.0) |

| | | |
|---|---------|----------|
| Current tobacco use (all types of tobacco) | n = 201 | |
| Current daily tobacco user | 28.5% | (± 7.2%) |
| Current non-tobacco user | 71.5 | (± 7.2) |

Among former smokers:

| | | |
|---|--------|----------|
| About how long has it been since you last smoked cigarettes regularly, that is, daily? | n = 63 | |
| Within the past month (less than 1 month ago) | 0.0% | (± 0.0%) |
| Within the past 3 months (1-3 months ago) | 3.3 | (± 5.1) |
| Within the past 6 months (3-6 months ago) | 1.5 | (± 3.0) |
| Within the past year (6-12 months ago) | 0.0 | (± 0.0) |
| Within the past 5 years (1-5 years ago) | 15.8 | (± 9.7) |
| Within the past 15 years (5-15 years ago) | 25.1 | (± 11.6) |
| More than 15 years ago | 51.6 | (± 13.6) |
| Never used regularly | 2.6 | (± 3.8) |

* Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 59

Average: 19.8 (± 4.1)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 55

Yes 39.9% (± 14.5%)
No 60.1 (± 14.5)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 55

Yes 3.3% (± 5.0%)
No 96.7 (± 5.0)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 55

Yes 11.0% (± 9.0%)
No 89.0 (± 9.0)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 109

Strongly agree 47.7% (± 10.4%)
Somewhat agree 21.3 (± 8.0)
Somewhat disagree 13.7 (± 7.2)
Or strongly disagree 17.3 (± 8.2)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 106

Within the past year (1-12 months) 42.4% (± 10.5%)
Within the past three years (1-3 years) 6.7 (± 5.0)
3 or more years ago 22.1 (± 8.2)
They never advised me to quit 28.9 (± 9.7)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 111

Within the past year (1-12 months) 29.4% (± 10.1%)
Within the past three years (1-3 years) 10.4 (± 6.2)
3 or more years ago 18.2 (± 7.6)
They never advised me to quit 42.0 (± 10.0)

* Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

| When was the last time a DENTIST advised you to quit, if ever? | | | n = 110 |
|--|-------|----------|---------|
| Within the past year (1-12 months) | 10.6% | (± 7.7%) | |
| Within the past three years (1-3 years) | 3.1 | (± 3.0) | |
| 3 or more years ago | 7.2 | (± 6.0) | |
| They never advised me to quit | 79.1 | (± 9.3) | |

Among those advised to quit:

| Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use? | | | n = 62 |
|--|-------|-----------|--------|
| Yes | 40.9% | (± 13.8%) | |
| No | 59.1 | (± 13.8) | |

Among current/former tobacco users:

| How many times in your life have you seriously tried to quit using tobacco? | | | n = 97 |
|---|------|----------|--------|
| 0 | 9.5% | (± 7.0%) | |
| 1-2 | 50.7 | (± 11.0) | |
| 3-5 | 23.4 | (± 9.0) | |
| 6 or more | 16.5 | (± 8.3) | |

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 196

| | | |
|---|-------|----------|
| Within the past year (1-12 months ago) | 73.7% | (± 7.9%) |
| Within the past two years (1-2 years ago) | 7.2 | (± 5.2) |
| Within the past 3 years (2-3 years ago) | 5.3 | (± 3.8) |
| Within the past 5 years (3-5 years ago) | 4.7 | (± 4.0) |
| 5 or more years ago | 6.6 | (± 3.7) |
| Never | 2.4 | (± 4.3) |

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 173

| | | |
|---|-------|----------|
| Your employer | 31.4% | (± 7.7%) |
| Someone else's employer | 16.3 | (± 6.2) |
| A plan that you or someone buys on your own | 15.6 | (± 6.2) |
| Medicare | 25.9 | (± 7.1) |
| Medicaid or Medical Assistance | 4.8 | (± 3.7) |
| The military, CHAMPUS, or the VA | 5.5 | (± 3.6) |
| The Indian Health Service | 0.5 | (± 1.1) |
| Some other source | 0.0 | (± 0.0) |

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?** n = 48

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

* Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 48

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 40

| | | |
|---------------------|---|---|
| Yes | * | * |
| No | * | * |
| Don't know/Not sure | * | * |

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 48

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 48

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 23

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current tobacco users:

Would you like to quit using tobacco? n = 50

| | | |
|-----|-------|-----------|
| Yes | 65.8% | (± 14.8%) |
| No | 34.2 | (± 14.8) |

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 35

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 31

| | | |
|---------------------|---|---|
| Yes | * | * |
| No | * | * |
| Don't know/Not sure | * | * |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|--|-------|----------|
| Are you currently registered to vote? | | n = 197 |
| Yes | 83.5% | (± 6.6%) |
| No | 16.5 | (± 6.6) |

| | | |
|---|-------|----------|
| Which of the following statements best describes the rules about smoking in your home. . . | | n = 194 |
| No one is allowed to smoke anywhere inside your home | 79.1% | (± 6.7%) |
| Smoking is allowed at some places or at some times | 14.4 | (± 5.9) |
| Smoking is permitted anywhere inside your home | 6.5 | (± 3.7) |

| | | |
|---|-------|----------|
| How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes? | | n = 197 |
| No current smokers in household | 66.4% | (± 7.7%) |
| 1 | 19.2 | (± 6.0) |
| 2 | 10.4 | (± 5.2) |
| 3 or more | 4.0 | (± 4.0) |

| | | |
|---|-------|----------|
| On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home? | | n = 196 |
| None | 82.6% | (± 6.1%) |
| Less than 30 | 7.7 | (± 3.9) |
| 30 days | 9.7 | (± 5.1) |

| | | |
|--|-------|----------|
| If it were just up to you, would you let people smoke inside your home? | | n = 195 |
| Yes | 14.0% | (± 5.6%) |
| No | 86.0 | (± 5.6) |

Among people who are currently employed for wages:

| | | |
|--|-------|-----------|
| When you are at work, do you spend most of your time in an. . . | | n = 92 |
| Office | 30.2% | (± 10.5%) |
| Store | 13.8 | (± 9.3) |
| Restaurant or Bar | 11.2 | (± 8.3) |
| Warehouse or factory | 1.1 | (± 2.1) |
| Home/Someone elses home | 10.9 | (± 9.2) |
| Outdoors | 14.0 | (± 7.5) |
| Car or truck | 1.9 | (± 2.7) |
| Classroom | 3.1 | (± 3.2) |
| Hospital | 8.2 | (± 6.7) |
| Somewhere else | 5.7 | (± 4.6) |

Among people who are currently employed for wages:

| | | |
|---|-------|----------|
| Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas? | | n = 93 |
| Yes | 14.2% | (± 7.3%) |
| No | 85.8 | (± 7.3) |

* Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 89

| | | |
|-----|------|----------|
| Yes | 3.7% | (± 3.3%) |
| No | 96.3 | (± 3.3) |

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 88

| | | |
|-----|------|----------|
| Yes | 5.6% | (± 4.5%) |
| No | 94.4 | (± 4.5) |

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 92

| | | |
|--------------------|-------|----------|
| None | 77.3% | (± 9.8%) |
| Less than one hour | 8.6 | (± 5.8) |
| One hour or more | 14.1 | (± 8.6) |

In general, would you say that breathing secondhand smoke is. . . n = 197

| | | |
|----------------------------|-------|----------|
| Not at all annoying to you | 14.0% | (± 5.6%) |
| A little bit annoying | 7.9 | (± 4.5) |
| Somewhat annoying | 22.7 | (± 6.9) |
| Very annoying to you | 55.3 | (± 8.1) |

Would you say that breathing secondhand smoke is. . . n = 190

| | | |
|----------------------|------|----------|
| Not at all harmful | 3.2% | (± 2.9%) |
| A little bit harmful | 6.1 | (± 3.4) |
| Somewhat harmful | 23.3 | (± 7.3) |
| Very harmful | 67.5 | (± 7.8) |

All people should be protected from secondhand smoke. n = 184

| | | |
|-------------------|-------|----------|
| Strongly agree | 61.1% | (± 8.2%) |
| Somewhat agree | 20.1 | (± 6.6) |
| Somewhat disagree | 12.2 | (± 6.1) |
| Strongly disagree | 6.5 | (± 3.6) |

All children should be protected from secondhand smoke. n = 190

| | | |
|-------------------|-------|----------|
| Strongly agree | 88.4% | (± 4.6%) |
| Somewhat agree | 7.8 | (± 3.8) |
| Somewhat disagree | 1.9 | (± 1.8) |
| Strongly disagree | 2.0 | (± 2.0) |

Do you think that smoking should be completely banned in restaurants? n = 196

| | | |
|---------------------|-------|----------|
| Yes | 59.6% | (± 8.2%) |
| No | 39.4 | (± 8.2) |
| Don't know/Not sure | 1.1 | (± 1.5) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|---|-------|----------|
| Do you think that smoking should be completely banned in bars and lounges? | | n = 196 |
| Yes | 37.2% | (± 7.9%) |
| No | 51.2 | (± 8.2) |
| Don't know/Not sure | 11.6 | (± 5.2) |

| | | |
|---|-------|----------|
| Do you think that smoking should be completely banned in outdoor public areas where children may be present? | | n = 195 |
| Yes | 38.4% | (± 7.6%) |
| No | 53.7 | (± 8.1) |
| Don't know/Not sure | 7.8 | (± 5.4) |

| | | |
|--|-------|----------|
| Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors. | | n = 187 |
| Strongly agree | 56.6% | (± 8.4%) |
| Somewhat agree | 20.6 | (± 6.9) |
| Somewhat disagree | 14.9 | (± 6.4) |
| Strongly disagree | 8.0 | (± 4.6) |

| | | |
|---|-------|----------|
| The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke. | | n = 186 |
| Strongly agree | 54.7% | (± 8.3%) |
| Somewhat agree | 22.4 | (± 7.6) |
| Somewhat disagree | 12.6 | (± 5.2) |
| Strongly disagree | 10.3 | (± 4.5) |

| | | |
|--|-------|----------|
| School officials should make sure that all children receive anti-tobacco education. | | n = 195 |
| Strongly agree | 81.3% | (± 7.4%) |
| Somewhat agree | 12.0 | (± 6.0) |
| Somewhat disagree | 1.3 | (± 1.4) |
| Strongly disagree | 5.4 | (± 5.1) |

| | | |
|---|-------|----------|
| Tobacco use by adults should not be allowed on school grounds or at any school events. | | n = 192 |
| Strongly agree | 84.8% | (± 6.3%) |
| Somewhat agree | 8.7 | (± 4.2) |
| Somewhat disagree | 2.9 | (± 2.3) |
| Strongly disagree | 3.6 | (± 4.7) |

| | | |
|---|-------|----------|
| Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth? | | n = 182 |
| Yes | 37.4% | (± 7.9%) |
| No | 62.6 | (± 7.9) |

* Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?

n = 84

| | | |
|-----|-------|-----------|
| Yes | 19.6% | (± 10.1%) |
| No | 80.4 | (± 10.1) |

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

n = 85

| | | |
|---------------------|-------|-----------|
| Yes | 31.9% | (± 10.8%) |
| No | 46.2 | (± 11.8) |
| Don't know/Not sure | 21.9 | (± 9.2) |

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit?

n = 25

| | | |
|----------------|---|---|
| Definitely yes | * | * |
| Probably yes | * | * |
| Probably no | * | * |
| Definitely no | * | * |

There are more negative things than positive things about smoking.

n = 192

| | | |
|-------------------|-------|----------|
| Strongly agree | 85.3% | (± 6.2%) |
| Somewhat agree | 9.5 | (± 4.3) |
| Somewhat disagree | 0.7 | (± 1.0) |
| Strongly disagree | 4.6 | (± 4.9) |

Smoking sometimes makes a person more attractive.

n = 193

| | | |
|-------------------|------|----------|
| Strongly agree | 0.5% | (± 1.0%) |
| Somewhat agree | 0.5 | (± 0.9) |
| Somewhat disagree | 5.3 | (± 3.3) |
| Strongly disagree | 93.7 | (± 3.5) |

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 187

| | | |
|-------------------|------|----------|
| Strongly agree | 7.3% | (± 5.4%) |
| Somewhat agree | 6.5 | (± 4.0) |
| Somewhat disagree | 8.4 | (± 4.5) |
| Strongly disagree | 77.8 | (± 7.3) |

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 192

| | | |
|-----|-------|----------|
| Yes | 16.8% | (± 5.7%) |
| No | 83.2 | (± 5.7) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|---|---------|----------|
| Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? | n = 192 | |
| Yes | 9.1% | (± 4.4%) |
| No | 90.9 | (± 4.4) |

| | | |
|---|---------|----------|
| During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products? | n = 191 | |
| Yes | 13.2% | (± 5.4%) |
| No | 86.8 | (± 5.4) |

| | | |
|---|---------|----------|
| During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away? | n = 193 | |
| Yes | 4.3% | (± 2.8%) |
| No | 95.7 | (± 2.8) |

| | | |
|--|---------|----------|
| Tobacco companies should have the same rights to advertise their products as other companies. | n = 182 | |
| Strongly agree | 22.1% | (± 7.5%) |
| Somewhat agree | 24.9 | (± 6.7) |
| Somewhat disagree | 11.0 | (± 5.4) |
| Strongly disagree | 42.1 | (± 8.2) |

Among people with children ages 12 to 17:

| | | |
|---|--------|---|
| Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . . | n = 26 | |
| We have talked about the dangers of tobacco use many times | * | * |
| We have had at least one conversation that I can remember | * | * |
| I don't remember a specific conversation, but my child knows how I feel | * | * |
| For now, I have not talked with my child about the dangers of tobacco use | * | * |

Among people with children ages 12 to 17:

| | | |
|--|--------|---|
| Have you told your child specifically that you do not want him or her to use tobacco? | n = 27 | |
| Yes | * | * |
| No | * | * |

* Estimates based on sample sizes less than 50 were omitted.